

## Treatment of Albino Rats with Oltipraz (4-Methyl-5-Pyrazinyl-3H-1,2-Dithiole-3-Thione Protects against Doxorubicin-Induced Cardiotoxicity

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**Citation:** Jagetia GC, Ramthianghlima K. (2021) Treatment of Albino Rats with Oltipraz (4-Methyl-5-Pyrazinyl-3H-1,2-Dithiole-3-Thione Protects against Doxorubicin-Induced Cardiotoxicity. *J Can Ther Res.* 2(2):1-16.

**Received:** August 08, 2021 | **Published:** August 19, 2021

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### Abstract

Doxorubicin is an anthracycline group of antibiotics that is frequently used in the treatment of various human neoplasia clinically. However, its adverse effect on the human heart is of major concern and limits its full clinical utilization. The present study was undertaken to alleviate the doxorubicin-induced myocardial toxicity by oltipraz an Nrf-2 inducer in albino rats. The albino rats were orally administered with 10 mg/kg body weight of oltipraz daily for three days before treatment with 15 mg/kg body weight of doxorubicin. The doxorubicin-induced myocardial stress indicated by an increase in the CK-MB activity, and lipid peroxidation accompanied by a reduction in the glutathione, glutathione-s-transferase, catalase and superoxide dismutase in the rat heart. The administration of 10 mg/kg oltipraz for three days before doxorubicin treatment reduced the CK-MB activity and lipid peroxidation significantly followed by the significant elevation in the activities of glutathione-s-transferase, catalase and superoxide dismutase and glutathione in the rat heart. Our study demonstrates that oltipraz an Nrf-2 inducer reduced doxorubicin-induced myocardial stress in the rats.

## Keywords

Rat; Myocardial stress; Oltipraz; CK-MB; Glutathione-s-transferase; Lipid peroxidation

## Introduction

Anthracyclines rank among the most effective anti-cancer drugs ever developed. The first anthracyclines were isolated from the pigment-producing *Streptomyces peucetius* in the early 1960s and were named doxorubicin and daunorubicin [1]. The anthracyclines (including doxorubicin, daunomycin, epirubicin, and idarubicin) are one of the most clinically useful groups of anticancer chemotherapeutics. These drugs are routinely employed in combination regimes with other groups of drugs in which each drug generally exhibits a different mechanism of action to increase tumor cell kill and minimize chemotherapy-induced resistance [2]. Doxorubicin is clinically used in the treatment of breast cancer, bladder cancer, childhood solid tumors, lymphomas, myeloblastic leukemia, neuroblastoma, ovarian cancer, small cell lung cancer, soft tissue sarcomas and HIV-associated Kaposi's sarcoma [3-9].

The cancer patients undergoing doxorubicin therapy develop life-threatening myocardial toxicity after long-term survival and this limits the clinical application of doxorubicin [8,10]. The metabolism of doxorubicin leads to the formation of doxorubicin deoxyglycone, doxorubicin hydroxyglycone, doxorubicinol, doxorubicinol aglycone, and doxorubicin-semiquinone, which trigger cardiotoxicity in the patients undergoing doxorubicin therapy [3,11-13]. The doxorubicin uses multiple mechanisms to induce cardiotoxicity however production of reactive oxygen species and subsequent lipid peroxidation, calcium dysregulation, and intervention in energy transfer lead to heart failure [14]. The doxorubicin produces free radicals in the cell mitochondria and their exacerbation in the presence of iron is the most widely accepted mechanism of doxorubicin-induced cardiomyopathies [15,16]. The ROS interact with mitochondrial DNA, proteins and lipid and disrupt the mitochondrial function of cardiomyocytes leading to toxic effects. In addition, the scarcity of an antioxidant system in the heart also adds to the toxicity of doxorubicin [17]. Doxorubicin not only adversely affects the heart but it produces toxic effects on the brain, bone marrow, lung, liver, kidneys, and ovaries [18,19].

Oltipraz is a dithiol derivate (4-Methyl-5-pyrazinyl-3H-1,2-dithiole-3-thione) and a potent anthelmintic drug that was originally used to treat intestinal worms. Clinical trials in different countries have proven its effectiveness against *Schistosoma mansoni* and *Schistosoma hematobium* [20-22]. Oltipraz was later found to prevent, cancers of blood, bladder, colon, liver, kidney, lung, stomach, pancreas, breast, skin and trachea in rodents. The phase I and phase II clinical trials have been also conducted for cancer chemoprevention, where volunteers administered with a single oral dose of 123, 250, 500 or 1000 mg/m<sup>2</sup> were well tolerated whereas administration of high doses of oltipraz for 8 weeks showed adverse toxic effects in the form of tingling, numbness, and pain in the fingertips and extremities [21,23]. The oltipraz has been found to be active against HIV and hepatitis B viruses [24,25]. It has been found to protect against hepatotoxicity induced by acetaminophen, carbon tetrachloride, and aflatoxin B

[20,26,27]. Oltipraz has been found to protect against liver cirrhosis and fibrosis in humans and rats and hepatocytes in vitro. Oltipraz also protected against the high glucose-induced oxidative stress in cultured rat RSC96 cells [32]. Oltipraz protected rats against alloxan and streptozotocin-induced diabetes mellitus. The dexrazoxane has been used as a cardioprotective agent against the anthracyclines including the doxorubicin-induced cardiotoxicity clinically for more than the last 25 years however, its adverse effects such as neutropenia, nausea, alopecia, mucositis, and vomiting, increase in hepatic transaminases and increased urinary excretion of iron and zinc are of major clinical concern [34]. This indicates the need to search for newer paradigms that can protect against the doxorubicin-induced cardiotoxicity with minimum/no adverse side effects. Therefore, the present study was undertaken to study the cardioprotective potential of oltipraz in rats treated with doxorubicin.

## Materials and Methods

### Chemicals

Doxorubicin (DOX) was procured from Biochem Pharmaceutical Industries, Mumbai, India. Ethylenediaminetetraacetic acid (EDTA), phenazine methosulphate (PMS), nitroblue tetrazolium (NBT), nicotinamide adenine dinucleotide reduced (NADH), glutathione reductase, thiobarbituric acid (TBA), trichloroacetic acid (TCA), 5,5-dithio-2-nitrobenzoic acid (DTNB), glutathione reduced (GSH), 1-chloro,2,4-dinitrobenzene (CDNB), *tert*-butyl-hydroperoxide tetraethoxypropane were purchased from Sigma Aldrich Chemical Co. Bangalore, India. Potassium dihydrogen phosphate, disodium hydrogen phosphate, hydrogen peroxide, dipotassium hydrogen phosphate and other routine chemicals were supplied by Merck India Limited, Mumbai, India. Oltipraz (OLT) was a kind gift from Canopus Biopharma. Baybush, Straffan, Co. Kildare, Ireland.

### Animal care and handling

Six to eight weeks old albino rats weighing 45-60 grams were procured locally and acclimatized to laboratory conditions before designing the experiment. The rats were cared for and handled following the recommendations of the World Health Organization, Geneva, Switzerland, INSA (Indian National Science Academy, New Delhi, India), and the NIH, USA Guide for the Care of Laboratory Animals, 2011. The animals were kept in sterilized polypropylene cages bedded with sterile paddy husk (procured locally) and had free access to standard rodent diet and water. The Animal Ethics Committee of the Mizoram University, Aizawl, India approved the study.

### Preparation of oltipraz

The oltipraz is sparingly soluble in water therefore it was dissolved in 0.5% carboxymethylcellulose in sterile physiological saline (SPS), whereas doxorubicin was dissolved in sterile distilled water.

### Experimental

The cardioprotective effect of oltipraz was studied by dividing the animals into the following groups according to the treatment:

- **Sterile physiological saline:** The animals were administered with 0.5% carboxymethylcellulose orally in sterile physiological saline.
- **Oltipraz:** Animals of this group were orally administered once daily with 10 mg/kg body weight oltipraz consecutively for three days.
- **Doxorubicin:** Animals of this group were administered with a single dose of 15 mg/kg body weight of doxorubicin intraperitoneally.
- **Oltipraz + Doxorubicin:** Animals of this group were orally administered with oltipraz 10 mg/kg body weight once daily consecutively for three days. One hour after the last administration of oltipraz, 15 mg/kg body weight of doxorubicin was administered intraperitoneally.

Thirty hours after the administration of doxorubicin, the animals from all the groups were killed by cervical dislocation. The animals were dissected and blood was collected by cardiac puncture and allowed to stand on ice for 30 minutes and the serum was collected for the estimation of creatine kinase isoenzyme (CK-MB). Immediately after blood collection, the hearts were perfused with cold phosphate buffered saline (PBS) blot dried and homogenized in PBS for the estimation of antioxidants and lipid peroxidation (LOO).

#### **CK-MB**

The activity of CK-MB was measured in the serum of rats using a commercially available kit (Coral Clinical Systems, Goa, India) according to the manufacturer's protocol. The absorbance of the samples was read at 340 nm using an autoanalyzer.

#### **Total proteins**

The protein contents were determined using the modified method of Lowry.

#### **Glutathione**

The measurement of glutathione concentration was carried out by the modified method [35], where the proteins were precipitated by 25% TCA, and centrifuged and the supernatant was mixed with 0.2 M sodium phosphate buffer (pH 8.0) and 0.06 mM DTNB. The mixture was allowed to stand for 10 minutes at room temperature and the absorbance of the sample/s was read against the blank at 412 nm in a UV-VIS double beam spectrophotometer and the GSH concentration has been calculated from the standard curve.

#### **Glutathione-S-transferase**

Glutathione-S-transferase (GST) was determined by mixing the tissue homogenate with 0.1 M potassium phosphate buffer, 1 mM EDTA, glutathione reductase, 10 mM GSH, and 12 mM *tert*-butyl-hydroperoxide and left for 10 min at 37°C in a water bath [36]. The absorbance was read against the blank at 340 nm using a double beam UV-VIS spectrophotometer.

#### **Catalase**

The catalase activity was assayed by the catalytic reduction of hydrogen peroxide as a measure of

catalase activity as described earlier [37] where hydrogen peroxide was added to the sample, mixed and incubated at 37°C in a water bath. The decomposition of hydrogen peroxide was monitored every 0, 5, 10 and 30 seconds by recording the absorbance against the blank at 240 nm using a UV-VIS double beam spectrophotometer.

### **Superoxide dismutase**

The SOD activity was estimated using nitroblue tetrazolium (NBT) [38]. The tissue homogenate sample was mixed with NBT, phenazine methosulphate and NADH. The reaction was stopped by adding acetic acid. The colour formed at the end of the reaction was extracted into n-butanol and measured at 560 nm against the blank using a UV-VIS double beam spectrophotometer.

### **Lipid peroxidation (LOO)**

The lipid peroxidation was estimated according to the modified method [39] where the tissue homogenate was mixed with trichloroacetic acid (15%), thiobarbituric acid (0.375%), and butylated hydroxytoluene (0.01%) in 0.25 N HCl and the mixture was incubated at 95°C for 25 min. The mixture was brought to room temperature, centrifuged at 8,000 g, the supernatant collected and the absorbance was recorded at 535 nm against the blank using a UV-VIS double beam spectrophotometer. The lipid peroxidation has been determined against a standard curve prepared with tetraethoxypropane. For all biochemical estimations, duplicate samples were used from each animal for various estimations listed above and a minimum of five animals was used for each concurrent group.

### **Statistical Analysis**

The significance between the treatments was determined using the Student's 't' test and one-way ANOVA with the application of Tukey's posthoc test for multiple comparisons. A p value of <0.05 was considered statistically significant. Origin Pro 8.5 (Origin Lab Corporation, Northampton, MA, USA) was used for statistical analyses.

### **Results**

The results are represented as mean  $\pm$  standard error of the mean in (Table 1) and (Figure 1-6).

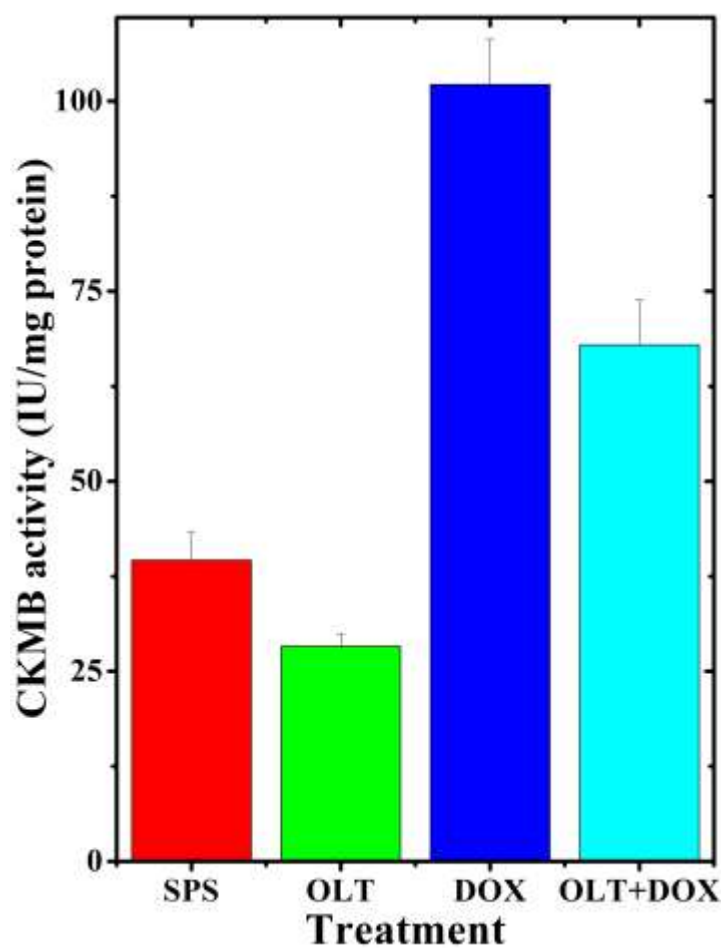
#### **Creatinine Kinase-MB**

The creatinine kinase is an indicator of cardiotoxicity. The CK-MB activity in the non-drug treated rat heart was  $39.61 \pm 3.66$  IU. Oltipraz alone treatment non-significantly reduced the CK-MB activity in the serum to  $28.30 \pm 1.67$  IU (Table 1). Doxorubicin alone treatment significantly increased CK-MB activity ( $102.18 \pm 5.90$  IU) when compared to spontaneous level by 2.6 folds (Table 1, Figure 1). Oltipraz administration before doxorubicin treatment significantly reduced the CK-MB activity ( $67.93 \pm 5.92$  IU), by 1.5 folds (Table 1, Figure 1).

Treatment	Mean± Standard error of the mean					
	CK-MB (IU/mg protein)	Glutathione (nmol/mg protein)	Glutathione-S-transferase (nmol/mg protein)	Catalase (U/mg protein)	Superoxide dismutase (nmol/mg protein)	Lipid peroxidation (nmol/mg protein)
Sterile Saline	39.61±3.66	20.85±0.25	21.55±2.35	0.25±0.02	13.62±1.23	2.33±0.33
Oltipraz	28.30±1.67	19.00±0.5	19.00±2.121	0.24±0.038	14.27±1.61	2.75±0.05
Doxorubicin	102.17±5.90*	3.43±0.57*	2.96±0.05*	0.10±0.001*	2.059±0.84*	11.33±1.66*
Oltipraz + Doxorubicin	67.93±5.92 <sup>#</sup>	16.33±0.68 <sup>#</sup>	16.33±0.68 <sup>#</sup>	0.20±0.010 <sup>@</sup>	12.96±2.13 <sup>#</sup>	3.933±0.3 <sup>#</sup>

\*p< 0.001 When compared to control. <sup>#</sup>p< 0.001, <sup>@</sup>p <0.05 When compared to doxorubicin alone treatment. N=5.

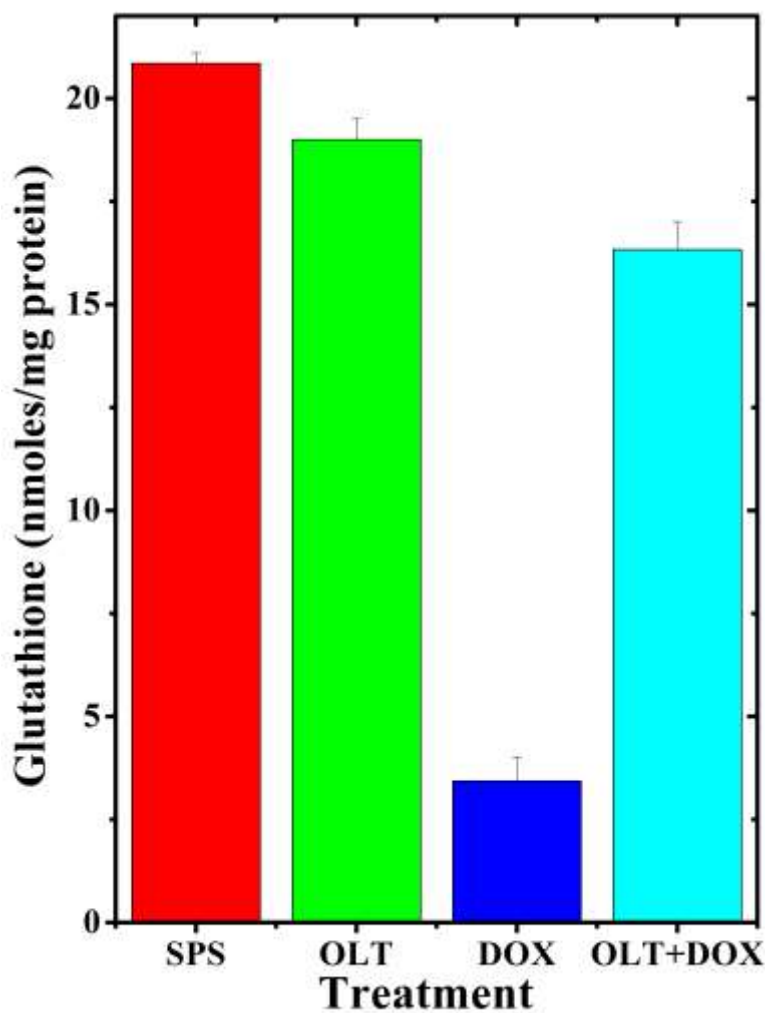
**Table 1:** Alteration in the biochemical profile of albino rat serum/heart treated with oltipraz for three consecutive days before 15 mg/kg body weight doxorubicin administration.



**Figure 1:** Alteration in the doxorubicin-induced CK-MB activity in the rat serum by oltipraz.

## Glutathione

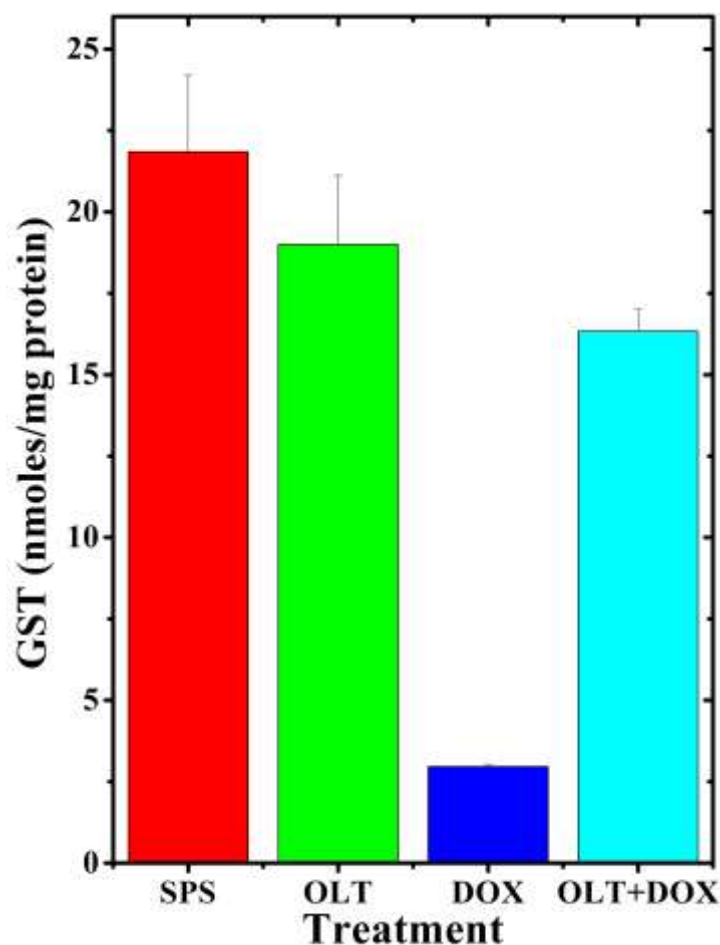
The level of glutathione in the untreated heart of rats was  $20.85 \pm 0.25$  nmol/mg protein. Oltipraz alone treatment did not significantly alter the GSH concentration when compared to non-drug treated control (Table 1). Doxorubicin alone treatment resulted in a significant decrease in the glutathione ( $3.43 \pm 0.57$  nmol) concentration, which was 6-fold lower than the untreated control (Table 1, Figure 2). Oltipraz treatment before doxorubicin administration caused a significant rise in the glutathione concentration when compared to doxorubicin treatment alone ( $16.33 \pm 0.68$  nmol), which was 4.8 fold higher than the latter (Table 1, Figure 2).



**Figure 2:** Alteration in the doxorubicin-induced glutathione concentration in the rat heart by oltipraz.

### Glutathione-S-Transferase

The activity of glutathione-s-transferase (GST) in the untreated rat heart was  $21.55 \pm 2.35$  nmol/mg protein. Oltipraz alone treatment did not show significant changes in the GST activity as compared to control (Table 1). Administration of doxorubicin resulted in a drastic but significant reduction in the GST activity, which reduced to  $2.964 \pm 0.045$  (Table 1 and Figure 3). Treatment of rats with oltipraz before doxorubicin administration resulted in a significant elevation in the glutathione-S-transferase activity ( $16.33 \pm 0.676$  nmol), which was 5.5 fold higher when compared to doxorubicin treatment alone (Table 1, Figure 3).



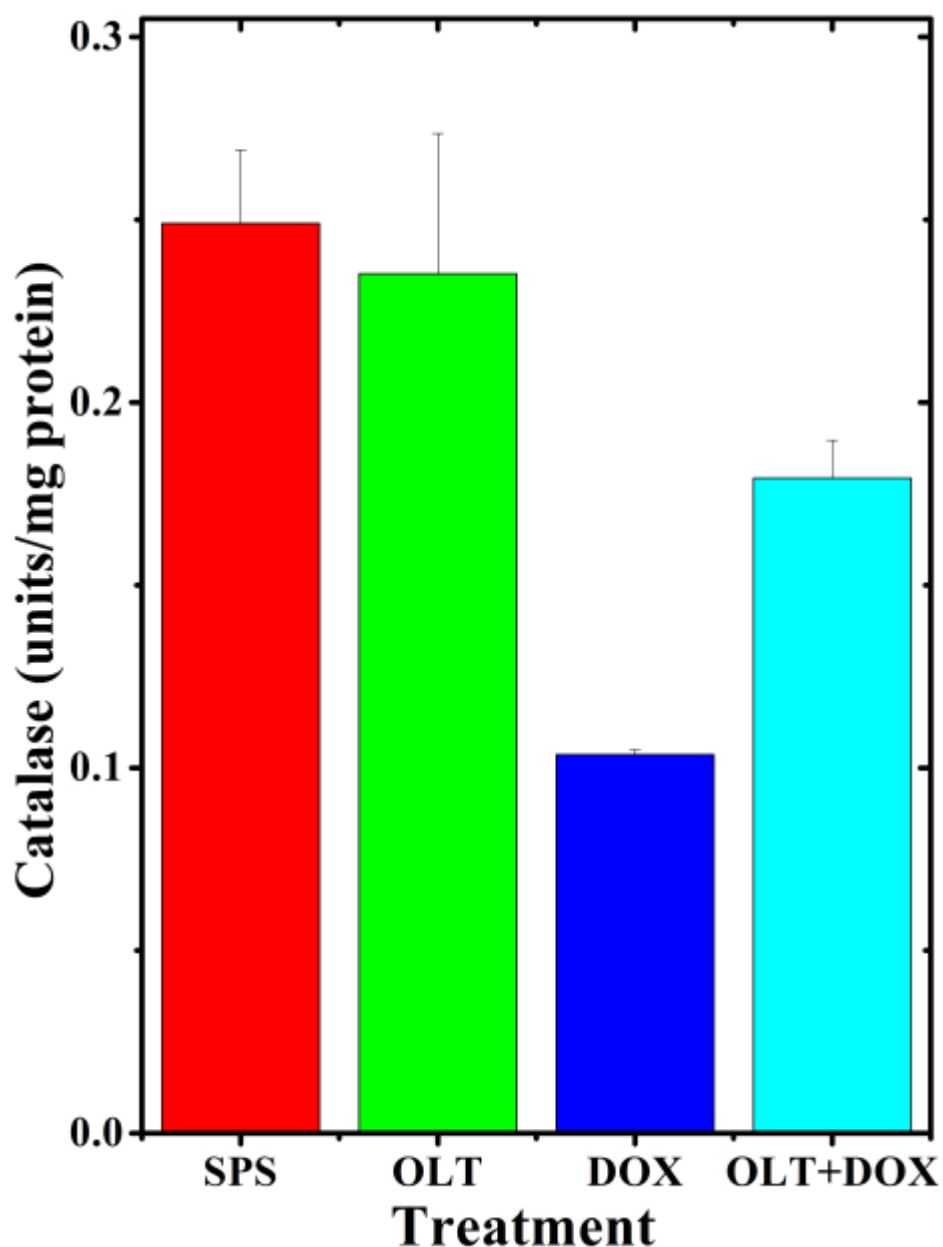
**Figure 3:** Alteration in the doxorubicin-induced glutathione-s-transferase activity in the rat heart by oltipraz.

### Catalase

The catalase activity of the untreated rat heart was  $0.25 \pm 0.02$  U/mg protein. The oltipraz alone treatment did not alter the catalase activity significantly when compared to the spontaneous activity (Table 1). Doxorubicin alone treatment significantly reduced the catalase activity ( $0.10 \pm 0.001$ ) as compared to non-drug treated controls (Table 1, Figure 4). Oltipraz treatment elevated the catalase



activity significantly when compared to doxorubicin treatment alone (Table 1, Figure 4). Administration of oltipraz before doxorubicin treatment led to a 2 fold rise in the catalase activity (Table 1).

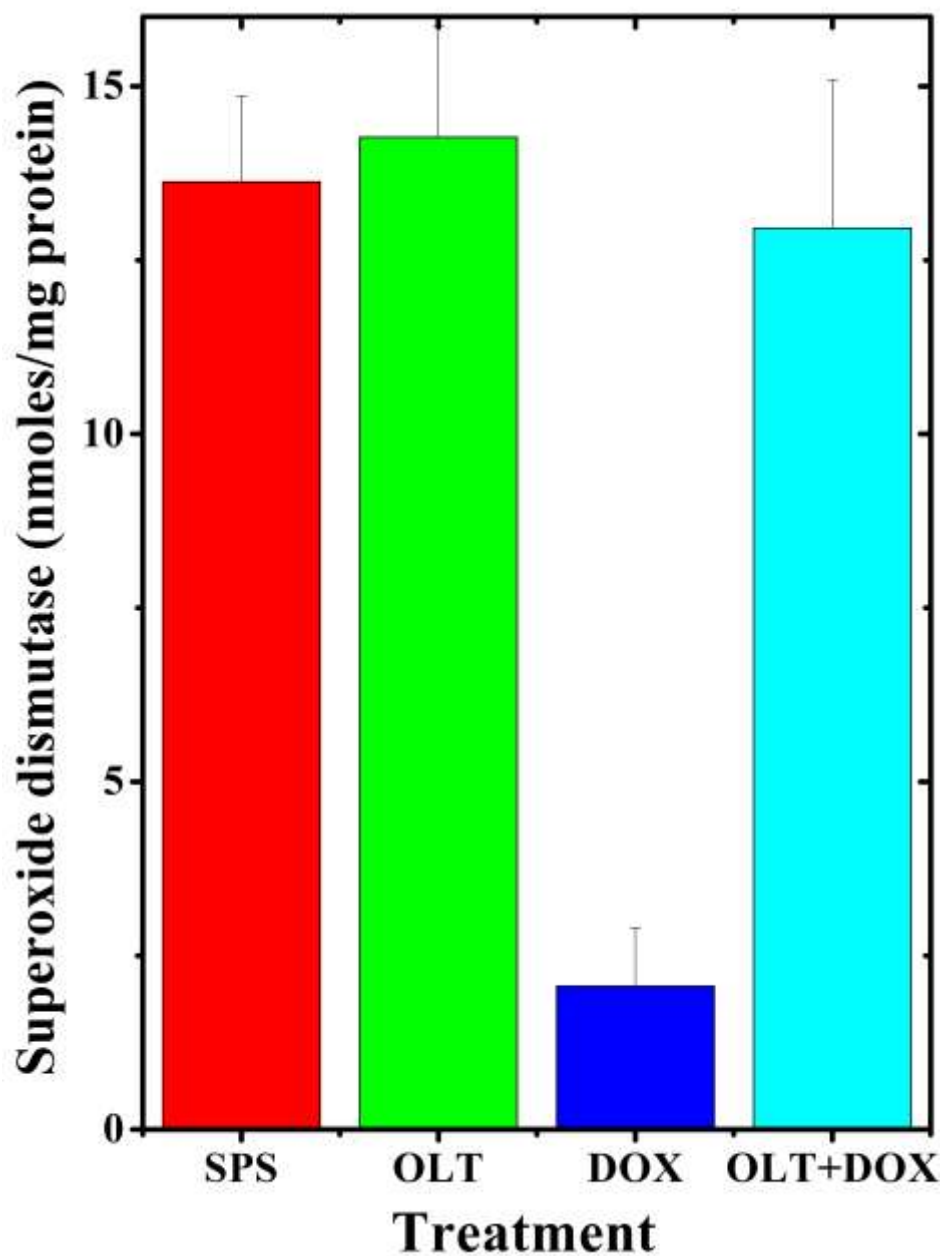


**Figure 4:** Alteration in the doxorubicin-induced catalase activity in the rat heart by oltipraz.

### Superoxide Dismutase

The activity of SOD in the non-drug treated hearts of rats was  $13.62 \pm 1.23$  nmol/mg protein and treatment of rats with oltipraz alone did not significantly ( $14.27 \pm 1.60$  nmol) change this activity (Table 1). Doxorubicin alone treatment also showed a significant decrease in the SOD activity ( $2.06 \pm 0.84$  nmol), which was almost 6.3-fold lower than that of non-drug treated control (Table 1, Figure 5). Oltipraz

treatment before doxorubicin administration elevated the SOD activity, which reached to almost normal level ( $12.96 \pm 2.13$  nmol) in the Oltipraz+doxorubicin treated group (Table 1, Figure 5).

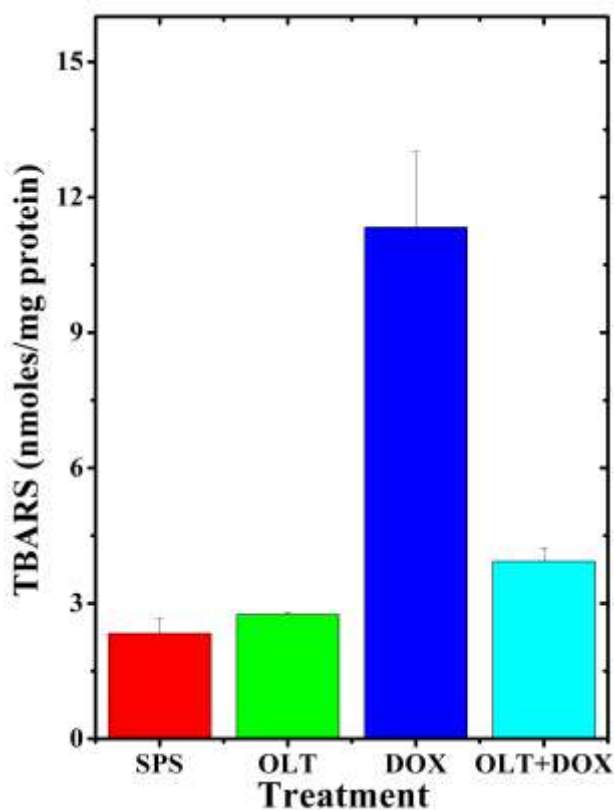


**Figure 5:** Alteration in the doxorubicin-induced superoxide dismutase activity in the rat heart by oltipraz.

### Lipid Peroxidation

The results of the present study showed that the rate of lipid peroxidation in the untreated rat heart is  $2.33 \pm 0.33$  nmol/mg protein. Oltipraz alone treatment did not show significant alteration in the lipid peroxidation when compared to control (Table 1, Figure 6). The doxorubicin alone treatment raised the

level of lipid peroxidation ( $11.33 \pm 1.66$  nmol) significantly when compared to the untreated control. This rise in lipid peroxidation after doxorubicin treatment was 4.9-fold higher when compared to non-drug treated control (Table 1). Administration of oltipraz before doxorubicin treatment significantly reduced lipid peroxidation ( $3.93 \pm 0.29$  nmol), which was 2.9-fold lower as compared to doxorubicin treatment alone (Table 1, Figure 6).



**Figure 6:** Alteration in the doxorubicin-induced lipid peroxidation in the rat heart by oltipraz.

## Discussion

Cardiotoxicity is an important health concern for patients receiving doxorubicin for the treatment of cancer because it is expressed after many years of doxorubicin administration and remains a life-long threat. In recent years, several mechanisms have been suggested for doxorubicin-induced cardiotoxicity, however, the free radical theory is still the most accepted mechanism. Doxorubicin binds to cardiolipin present abundantly in the mitochondrial membrane leading to its accumulation in the mitochondria of the cardiomyocytes [40]. The quinone moiety of doxorubicin undergoes univalent reduction into a semiquinone radical, which is autoxidized in the presence of molecular oxygen to re-form the parent quinone radical and the superoxide anion as a free radical. This is a repetitive cyclic process that continually forms superoxide anions. The paucity of enzymes that passivate free radicals in the heart is the main cause of doxorubicin-induced cardiotoxicity [17]. The redox cycling of quinone moiety is catalyzed by the enzyme flavin dehydrogenase and other proteins including complex 1 of the electron

transport chain located in the mitochondria and NADPH oxidase-2 present in the cardiac membrane [41]. The doxorubicin interacts with iron to form doxorubicin iron complexes resulting in the cycling of iron between  $Fe^{3+}$  and  $Fe^{2+}$  increasing ROS production including the hydroxyl radical, a highly toxic species via Fenton and Haber-Weiss reactions triggering toxic effects [42].

The administration of doxorubicin-induced cardiotoxicity in the rats, indicated by a rise in the CK-MB activity by 2.6 folds. The elevated serum levels of CK-MB have been considered as a reliable marker of doxorubicin-induced cardiotoxicity [43]. The doxorubicin has been reported to increase the activity of CK-MB in mice, rats, and rabbits earlier [44-53]. The administration of rats with oltipraz reduced serum levels of CK-MB indicating that it protected the heart against the toxic effect of doxorubicin. Oltipraz has been reported to protect rats against isoproterenol-induced heart failure [54]. Earlier a polyherbal preparation, antarth, *Agele marmelos* (bael), naringin, hesperidin, ellagic acid, carvedilol metformin, berberine, vanillic acid and chia seed oil have been reported to protect mice, rats and rabbits against the doxorubicin-induced cardiotoxicity by reducing CK-MB activity and increasing antioxidants [44-53]. The iron chelator dexrazoxane (ICRF-187) has been used to reduce doxorubicin-induced cardiotoxicity in mice, rats, rabbits, dogs, swine, and humans [55-57]. However, it is associated with hematological toxicities like neutropenia, leukopenia, anemia, thrombocytopenia and bone marrow suppression in patients [56]. The administration of dapsone has been reported to protect against doxorubicin-induced myocardial toxicity in rats by reducing CK-MB activity and elevating superoxide dismutase activity in the hearts of rats [58].

There has been a causal relationship between doxorubicin-induced lipid peroxidation and cardiotoxicity [59] [14]. The doxorubicin accelerated lipid peroxidation in the heart tissue and oltipraz attenuated the lipid peroxidation in the rat heart. The antarth, bael, naringin, hesperidin and metformin have been reported to reduce lipid peroxidation in mice and rat hearts earlier [44,48-50,53]. Similarly, berberine treatment decreased lipid peroxidation in cultured cardiomyocytes [52]. The chia seed oil and dapsone have been reported to reduce doxorubicin-induced lipid peroxidation in rat serum and heart homogenate [45,58].

The exact mechanism of protection afforded to rat hearts by oltipraz is not known. The doxorubicin induces reactive oxygen species and removal of reactive oxygen species and attrition in lipid peroxidation by oltipraz may be responsible for its cardioprotective effect. The neutralization of doxorubicin-induced free radicals by oltipraz may have protected rat hearts against the doxorubicin-induced toxicity of rats. This would have been made possible by increasing glutathione, glutathione-s-transferase, catalase and superoxide dismutase by oltipraz in the present study. Oltipraz has been reported to be a potent inducer of phase-II detoxifying enzymes earlier [20,60]. The oltipraz is reported to suppress NF- $\kappa$ B and activate Nrf-2 that may have increased the antioxidant status by elevating glutathione, glutathione-s-transferases, glutathione peroxidases, catalases and superoxide dismutases in the rat heart and protected against the doxorubicin-induced cardiotoxicity. The doxorubicin treatment has been reported to increase the expression of TNF- $\alpha$  in the rat heart [58], whereas oltipraz suppressed the activation of tumor necrosis factor (TNF- $\alpha$ ) and interleukin (IL-1 $\beta$ ) in the rat heart earlier [54] and a similar action cannot be ruled out in the present study.

## Conclusion

The doxorubicin administration induced cardiotoxicity in the rat hearts as evidenced by the increased CK-MB activity and lipid peroxidation. The oltipraz pretreatment reduced doxorubicin-induced CK-MB activity and lipid peroxidation indicating that it protected against cardiotoxicity. The increased levels of glutathione, glutathione-s-transferase, catalase and superoxide dismutase seem to alleviate doxorubicin-induced free radical production and protect rat heart against the doxorubicin-induced toxic effects, which may be due to the suppression of NF- $\kappa$ B, TNF- $\alpha$ , and IL-1 $\beta$  and elevation of Nrf-2.

## Acknowledgements

The financial support from the University Grants Commission, Government of India, New Delhi NON-SAP UGC Grant No. F4-10/2010(BSR) to Prof. Ganesh Chandra Jagetia to carry out the above study is thankfully acknowledged.

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